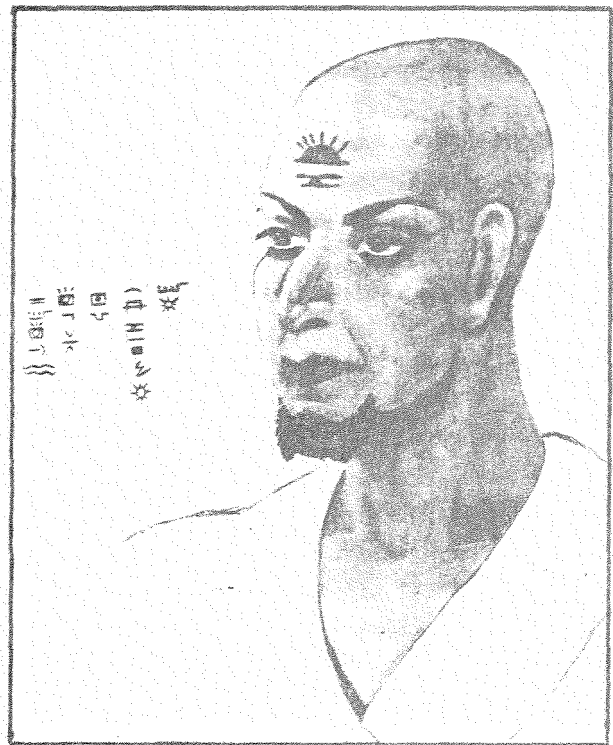


# INNER CIRCLE STUDY GROUP

**CLOSED  
CLASS**  
*with*  
*The*  
**YADA**



The Yada di Shi'ite

## Class 8

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INNER CIRCLE STUDY GROUP -- Closed Class No. 8

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INNER CIRCLE STUDY GROUP -- Closed Class No. 8

Home of Mark Probert, telegnostic, and former Kethra E Da Foundation headquarters, 931 E. 26th St., San Diego, California, September 1, 1967. Early evening.

Yada: "Good evening, my friends."

Group: "Good evening, Yada."

Yada: "It be warm, unh?"

Group: "Yes."

Yada: "I speak a moment of what you call Psychic Sensitivity. When it is used as mediums use this energy -- if it is abused -- it retracts on the physical body, disturbs the whole nervous system, and is one of the causes for the man, Byland, to have a heart attack. No one seemed to be around him to warn him of what was happening. He laid his attack to too much work, trying to get his temple in order; but he was a young man with much energy. There was really no cause from working to bring him a heart attack.

"Some become very greatly affected in the nervous system by the use or practice of spiritualistic communication, and perhaps it only affects the nervous system making these people very erratic in their emotions. Eventually they find, most of them, that they need some kind of something to balance their feelings of continuous strain on the nervous system; so they resort to alcohol and sometimes to drugs.

"Where, had they had someone around them who knew something about the potential force in psychic energy, what it can do to the body, they could have avoided these negative events. But in your modern time, with the work of mediumship, especially in spiritualism, nobody seems to care for the medium; and because he or she seldom know what they are doing, they become a great danger to themselves, and also to others. Because psychic energy can be passed on in a negative way, where people are sitting repeatedly in seance rooms, can cause -- for them -- to take some of that energy with them and cause a nervous breakdown.

"Sometimes just the energy that has been used to bring through spirit beings retains a kind of memory pattern of what it did. So then it keeps doing these things to peoples who are not mediums which eventually brings an emotional and mental deterioration. I am saying all this principally because I would not like any of you to do too much investigating into the seance rooms of the spiritualists. Before you do please to know what you are doing. Many peoples bring back with them spirit beings from seance rooms, and these beings do not know how to handle these people; so they

abuse them, like they do the ignorant medium.

"Men can pass on to others all kinds of psychic things. Sometimes, if that one who gets the energy or attracts a spirit to him, if that one treats him intelligently then you may say he is somewhat fortunate. But in any event it is not a good thing to attract spirit beings from the Astral plane to you unless you know them and can converse intelligently with them -- to try to find out if they know anything that you do not know or cannot learn right here in your physical world.

#### LITTLE HELP FROM THE ASTRAL

"They seldom impart help to those they become attached to. Unless the beings in the other levels of consciousness are educated, know what they are doing, have aims in their efforts to use you to communicate through, then they are just playing with you; and you can become obsessed by them long before you know what your trouble is."

She: "Yada, what would attract these beings to you? Would it be a negative state that you were in? Or chemically could it be a similarity of personality?"

Yada: "No, it's mostly coming out of ignorance. Not knowing what is happening because you cannot see into the so-called unseen world, and they can take advantage of you for that reason. And if they do not know how to operate your body they can become detrimental to you.

"But if you have ambitions to attract a spirit being to you, do everything you can to get direct communication with that being, and talk. Find out who they are, what they are, what their aims are. Most of the time these beings come to you when you are, for a very long time, unaware of them, and unaware of the effects they are having on you. Sometimes a person dies with an ailment that they have not been able to let go of at that, and so they bring their aches and pains and anxieties about their ailment and give it to you.

"Now let me point out like this what I mean. Perhaps some of you have been in seance rooms where the acting medium will say: 'I feel so-and-so here, and they died of this or that ailment. I feel it. I feel the pain that this person passed out with.' Now very few of your modern psychologists have any knowledge of what is called survival and what happens to an entity when they depart the physical world. Most of them fall into the false thinking when a person here starts showing signs of bordering on what they call schizophrenia; or that they are mentally sick, that they are nuts; but they will be if that attack keeps up, the attack of the spirit.

"Instead of -- the psychiatrist or psychologist -- instead of testing a person who is seemingly bordering on psychosis of some kind,

they start treating them for what they call the psychosis. So they get no results. So then the patient goes on and gets worse. So, not knowing what else to do they start giving them electric or insulin shock. For a time this may drive the entity out, but it will come back again as soon as the shocking is over.

#### NEEDED, CAPABLE MEDIUMS

"If you had an intelligent medium to bring to a person that seems to be suffering from some nervous disorders, you could get that entity to use the medium to find out what the trouble is. In this way the spirit could be informed of what it is doing because most of the time it doesn't know. It is like the fly getting caught on spider web. The fly not know there is sudden death lurking on that web, but the spider know it.

"If someone could come to the rescue of the fly the spider could not get him. If someone had some understanding and would come to the rescue of the person that seems to be suffering from some physical-emotional disorder, he would be saved.

"Many times a person that starts taking shock treatment will be given it so often that even the doctors will say, 'You've had enough.' That's amazing for them to do that.

"Many times, the most ordinary person who knows nothing of the expanded world around him, gets into trouble from the attacking spirit anyway. The entity does not want to hurt that one. It wants to express itself physically again. It does not even realize that it is possessing a body that is not even theirs!

"When a person that is a criminal is to be executed -- if you must kill them -- it would be most intelligent to first give that entity some knowledge of what he is going to be plunged into, to ask them what they have left behind, that they feel they need or are going to be cut off from and would be lost without. In short, to educate the one you are going to murder; then you would have much less crime; for the majority of killers will be given an open door to obsess others just shortly after they have been executed. They go over with a feeling of vengeance against society, a tremendous, bitter hate; but death frees them to start others on the path of crime, others who are weak anyway, become easy prey for these roaming astral criminals. Do you have something to say to me?"

He: "I have, Yada. May I ask you a question about uh -- if there is a spirit that gets attached to you and surrounds you and so forth; he starts bugging you a little bit; then you go and find another medium that you can have this spirit talk to you face to face, you might say, after a fashion. I dont know what kind of face he would have -- the spirit -- "

Yada: "Ah ha ha ha ha -- "

He: " -- the spirit, but, you go to the medium anyhow."

Yada: "Yes."

He: "Now is there any danger that you pick up others over there? They might have a supply of them that want to latch on right there."

Yada: "Of course and that is why you do not go to just any medium. You see, what you should have in the world -- what you should have. What we should do. What we should have and what we do do, and do have, are two vastly different things -- "

He: "Yes, worlds apart."

Yada: "That is right. But I say, could you find a person that is sensitive enough, that you can trust, that is of good character; but I do not know where you will find them. Strange."

AREN'T WE PROTECTED?

She: "Yada, aren't we as students of the Light, or students of your teachings, more or less protected?"

Yada: "Of course."

She: "Than other people that haven't studied this?"

Yada: "Of course, not only through your own desires to study and get better understanding; but because we -- if I may say so -- before we enter in communications with you, we know who the visiting spirits will be, besides ourselves; and only those that we know are truly seekers like you, have no other drives of a negative kind -- they are examined before they can come in here.

"Suppose you brought in, leave the door open, just let anybody come in to your home. You know what would happen in due course, yes? It is good. It is intelligent. It is progress. It shows a state of mental growth to be afraid of no one, of nothing, to have love and faith and trust in your fellow man; but it's also wise to screen everyone that enters your home. 'Tis wise, because while they may not take any physical thing; they may not rob you of physical things; the human being has the ability unconsciously to leave thoughts behind that often act like spirits. Just thoughts that can haunt a house or haunt you, just your body self. There are many peoples who are haunted peoples.

"How to avoid that. How to screen these peoples, on both planes, on both sides of the door. First asking yourself what is your aim in life? Do you have little secrets of a negative nature against anyone that you associate with? Do you travel around with secret drives to hurt someone? Even one who hurts you, if you harbor a desire to hurt them, you create a negative force.

and in due course, as you keep your hatred of that person in your mind, you are not so much hurting them as you are hurting yourself. Eventually, however, if they are too, like you, negative, your hatred will reach them and cause them all kinds of mental and emotional disturbances.

DO YOU BELIEVE IN LUCK?

"Many peoples talk about luck. Do you believe in luck? And what is luck to you, you mean chance? Is that what you mean? Is that what the word means?"

He: "Yes. Well, luck is what happens to you by good chance, some thing that happens to you by fate, apparently blind, that you dont happen to earn; but we know better that isn't anything that really happens like that."

Yada: "No; so, if you believe in luck, positive, you must also believe in ill-luck, negative. You cannot have a positive without a negative. That's why the Christian god has to have a Devil, a contrast; and always it is the good man that wins; but that is only after he has taken a most unmerciful beating. Ha ha ha. Believe me it is not humorous, it is tragic and dangerous.

"When each of you leave here, if we ourselves, one of us, do not go with you and stay with you for awhile, we send someone who is in harmony with you, who will guard you. That does not mean they will keep things from happening to you which you have brought into being by your general everyday living; but they will protect you from roving bands of mentalities, beings, spirits."

He: "Yada, are you saying that if we come to any kind of seance, that there will be spirits around and we'll be open to spirits here, to spirits who may be listening to the lecture as good and as, you might say, under optimum conditions, with protection all around, there's still a chance yet that maybe some spirits would come and attach themselves?"

Yada: "Yes, but only if you yourself have thoughts that will -- "

He: "I see."

Yada: " -- cause them, will act as an open door for them to latch on to you. You see this is one of the reasons why watching your thoughts is so important because -- other reasons -- if your thoughts are done at random you can be an open door for negative spirits, that will show you how to be negative."

She: "But cant we put a force field around us?"

Yada: "But of course you can and the best way you can do that

is by the full realization that your interest in life is to know truth. You do not want anything else. And a negative spirit cannot get through that. It has no, no bed to sleep in."

#### HOW TO ATTRACT GOOD SPIRITS

He: "Yada?"

Yada: "Yes."

He: "If this can happen with negative thoughts and if we have some positive thoughts of truth seeking, then it seems that if we can attract the bad spirits we can also attract the good spirits."

Yada: "That is what I mean, but how you going to attract the good ones if you yourself work along with negative thoughts? How you going to do that?"

"We try to offer you as much protection as we possibly can; but if you insist on committing suicide, what can we do to stop that?"

She: "If we know someone is probably sending negative thoughts to us -- if we send love in return, and really from our hearts, trying to overcome this, will this eventually seal, this love?"

Yada: "Yes. Yes, very well."

Another She: "If she grew the feeling then, shouldn't it better than a thought?"

Yada: "Yes, but use your thought as picture making and then your feeling as a wave to send them your picture. Send them through the energies of your emotional self.

"I am standing in the Light. I cannot be harmed."

She: "Are you also saying about how you offer assistance when we leave here -- that we're doubly vulnerable after participating in a lecture with you because you offer a great deal of Light; and although we absorb part of that, we also carry our own every day negativity."

Yada: "That is right."

She: "And, having more Light doesn't that hurt? In other words, if I were negative I would want to try to put out the Light."

Yada: "Yes, of course."



She: "So, since I'm carrying a lot of Light from here, but I also have a little indication of my own negativity that makes one coming from here doubly vulnerable? That's what you're saying?"

Yada: "Yes, of course. Yes."

She: "So that's especially when we have to be -- "

Yada: "That is right."

She: " -- careful."

Yada: "You see, of all things, we want to do things in life; so we want to know means and ways of accomplishing. Now this is very good. This is wonderful. This is all man should be but, whatever you want to do, first aske yourself why? What will you gain or someone around you -- what will you gain -- gaining meaning what useful thing will you gain by your desire? What will you have to share with someone else? Because unless we can share our dreams they're no gains. Is it not so? (Murmur of agreement.) Yes.

#### USE PHYSICAL MEANS FOR HEALING

"Now, other night here, with all my contacts and close association with Clara, I made an attempt to bring her some healing from the condition she suffers.

"Now it is always -- not only mine but all members of our Circle -- to tell people to use every method that exists in your world to overcome a physical trouble. Use physical means no matter who gives you a mental healing. Because the mind is of such nature it is like a separate entity where the body is concerned. Thought patterns accumulated through the years, of a negative nature, eventually attack the body by creating an ailment. So you see even to ourselves we are a detriment if we are not awakaned, not aware.

"Now. Peoples talk about what is called reincarnation and karma. It is not only all right, it is necessary for a Seeker to know these things; but to get caught in the misconception that everything that is happening to this person in this life is because of something he or she did, or failed to do, in a past life -- now some people get caught in that idea. Nothing happens to them now. Everything happened to them some other time.

"This leads them to the belief that they can expiate all of these events in past lives so that they can be free when they leave the physical world in this life. In the 'now' of it. When it comes their time to leave here they feel that they can -- they have worked out the pattern so this or that will not

bother them in the next life. But you see, that's wishful thinking. The only way you can let go of some of your negative experiences is by realizing they were good and right when they happened to you. Not with the thought of expiating, or excusing yourself, or asking for forgiveness, or hope that you will not have to pay in some other time; to know now, how to carry with you the truth; and only the truth can possibly free you. I think it mentions that in your Holy Book.

#### GUILT A USELESS BURDEN

"How is that? Because the truth tells you it is pointless to adopt guilt feelings for anything you do. Just when you realize you have done something that you know now is not conducive to a healthy life, know that you will not do it again; but in order to do that recognize the fact that you did make the mistake. You did break some law, somewhere, along the line."

He: "That's facing truth in itself right there."

Yada: "That is right. That is right. Only then with these thoughts in mind can you forgive yourself. By that I mean to say, see no point in punishment. Punishment, intelligent punishment, should only be given -- or exacted -- where it teaches us not to make the same mistakes again.

"But what is the strange mistake? I have had many people say, 'I am not going to make the same mistakes in the next life as I made in this one.' But how will they know it? When they drop the spirit or, if you prefer, encase it in a flesh body. It immediately blinds them to whatever happened in any yesterday."

She: "Yada."

Yada: "Yes."

She: "And when we return, though, we have these things -- I think you call them recordings -- on our selves, we have the same image pattern. We pick it up again."

Yada: "Yes, of course, but in the -- in the interim, while you are learning to pick it up again -- so you will know what is troubling you -- you're in trouble."

She: "Yes."

Yada: "You're in trouble because you do not know what to avoid. And something more. Each period of time has its own problems, difficulties, joys, pleasures or whatever; and the environment must be taken into consideration. These things are like blinders on us. We do not know from whence they come."

She: "Yada, this is like a treadmill then; how can you progress?"

Yada: "Oh it is, yes! That very nice. Treadmill, yes. You can by staying awake, staying aware. Do not try to get over the negative, the negatives of what you did yesterday. Learn not to do these negatives today. If you are hurt by what you did yesterday that is only an effort of Nature to say, 'Wake up! Watch what you are doing! Be aware!'

#### THE PAIN OF BALANCING OUT NEGATIVE CONDITIONS

"Yada give you examples about peoples who learn so slowly and it is so hard job for them. The excessive drinking of alcohol or consuming of tobacco you know hurts you. You know can not only make misery for your life but for the life of others, for those around you who love you. Yet, how many drinkers, smokers, and other forms of activity -- if you do not do something about it what is the use of talking about it? You know you are going to have to balance out these conditions.

"Now for an alcoholic, when he or she quits their alcohol, masters it, they have another problem and another way to go, after they have controlled the consumption of this. Then they have to stop doing it in their minds, and this is where they get much of their hell from.

"I have often said -- people say -- 'Why do you not make Mark quit smoking?' First place, we did not start his smoking. That is his life, and could be his death. But he knows that. So what more can we do? When are we going to intelligently operate our lives? Surely you wouldn't sit down and pour yourself a drink of prussic acid or some other deadly, eating poison into your mouth; but, the excessive drinking of alcohol and smoking will prove to be just as deadly as the prussic acid. It just takes a little longer."

She: "It's generally an escape from fear or marriage, isn't it Yada?"

Yada: "Of course. So then, knowing this, what to do about it? And then knowing what to do about it, do it! Get active with it. We talk of other peoples killing us. We shooting down with the gun. The putting of the knife in. We call these people dangerous to our existence. We plot all manner of protection for ourselves. Yet at the same time we leave in the entities that drive us on to excesses, until we are dead. Then we say alcohol, or tobacco, or whatever it is, killed that poor person. It wasn't exactly like that at all. What killed them was their uncontrolled desires, not the tobacco, not the alcohol. It's what these people do with tobacco, and do with alcohol, that make them a danger. Like I have said about drugs. The LSD, the marijuana and other more potent drugs, we attack

the drugs with our nega -- negative attitudes to life. These negative attitudes are called ruptures in the personality.

"I'm not suggesting that you getting pure. Purity is for angels that do not live on the earth. I say only that you learn to think about what you are doing.

### LIFE IS FOR PLEASURE

"Enjoy. Life is for pleasure, not pain. Everything moves away from pain. Everything naturally moves away from sorrow. We are all pleasure bound which is natural to our being. The reason we get so little pleasure, where there is much to get, is because we getting guilt feelings, shame feelings, anxiety feelings. These have been conditioned into us from the time we come in to our particular environment.

"Waking up is wanting to control your life. I am no longer a product simply of my environment. I am something more. I now am the Master. I feel. I sense. I am now awake, aware; and that wakeful awareness naturally causes me to do different than I have been conditioned to do.

"I say, never be ashamed of what you do; but know first in advance what you are doing; then you will not be ashamed of it. You will have purpose in it. This is intelligent living.

"Many people think, 'If I take that path I wont have any pleasures.' Oh, you'll have the greatest pleasures because you will do what is natural for you to do, and this way you will escape guilt feelings. So you see there are more than human spooks that haunt us. There is the more difficult desire spook that haunts us constantly in one way or another if we do not become aware of him and control him. Master him, so that you will be doing what you want, and not just the lower self driving you on into things that the majority of blind humans go through all their lives, all the days of the their lives, and come back and do these things over and over again -- because they got trapped in them."

He: "Thank you, very much."

Yada: "It is my joy. If there is something further along these lines you wish to speak of, please say so."

She: "I would like to ask one question, Yada. When we come to your meetings we are real tired and we receive energy from you. Can you explain that energy?"

Yada: "Yes, of course. What we do is take the energy from all of you, taking a little from each; and then when we are through, when we are to depart, we return that which we didn't use. We used it by returning it to you. You see you cant do anything

with energy but move it around, eh? Now a -- pardon me for saying this -- a wise being, whether in the flesh or out of it -- if he is your friend -- that means he has your best interest at heart. When you have such a friend, he is of such tremendous value to you, in so many different ways, that we may truthfully say that you have a genie. He brings to you, without himself or herself often being aware of it, vital energies that are healing to you. He is as interested in your mental life as he is in your physical welfare.

#### COMMUNICATION IS AN EXCHANGE OF ENERGIES

"Now that must also be true of you with him. There is no such thing as something for nothing; so what do we get, we get an exchange of energies going between yourself on your particular plane, ourselves on our particular plane, and then between the planes. There is no one for man to communicate with but man. Communication is an exchange of energies, vital energies.

"You can prove this to yourself when you are at the end of a pleasing, happy conversation between two peoples. They go away from one another feeling energized. Is it not so?"

Group: (Murmur of approval)

Yada: "And how depleted they are when they are not in harmony. They refuse to give energy to one another. They hold it back; and the energies they do let go are potently negative; and we feel tired; they vampirise us. We vampirise one another! -- with this kind of communication -- without even knowing it. We rob one another of vital energy.

"Many husbands and wives, ones that you would suppose wouldn't do this, are the ones that do do it. They do not mean to. They do not do it with intention. They do not say, 'I am going to rob my wife (or my husband) of their energies.' They are not conscious magicians, but magicians nevertheless; and we can vampirise just the same as we can give. Yes."

He: "Yada another question please?"

Yada: "Yes."

He: "Is there any point in our trying to get in touch with our so-called spirit friends, those who are beneficent to us? Would you have any comments on that, please?"

Yada: "I would say this: For those who mean you well, for those who love you, you are never out of communication with them. Now this calls for, I suppose, clarifying or what do you mean by communication? There is voice communication. There is thought communication. There is feeling communication. Those who mean you

well, mean you well whether you speak to them by the material thing you call the telephone, or on the parkness, or whatever way. They are in your mind and you are in their mind. This puts you together in the One Mind. This means you are happy spirits with one another. You are in constant, well-balanced communication. They mean you well. You each mean one another well.

#### THE VALUE OF CONCENTRATED PRAYER

"A concentrated prayer from a friend is of great value, great value. It does much more than any strange healer could do for you.

"Let me point out there is something that has to do with doctors, medical doctors. Now there was a time in your country when you had roving doctors. They on horse. They on carriages, you know?"

He: "Yes."

Yada: "These devoted peoples often brought about a complete healing of serious ailments by their devotion and friendship to the person. The patient was just not a dollar sign to them. They treated the patient like they would their own close (short gap on tape) . . . sending it back to them with a little added to it. You all right?"

He: "Yes."

Yada: "Now. These peoples became known as the family doctors, the country physician. Some of you remember them, yes? What a great blessing they were to the peoples that lived then, because they gave to each something more than just drugs. In fact they knew very little in relation to what you know today, with your wonder drugs. Yet they healed better, and quicker, than any of your modern physicians.

"Of course they gave the real drug, the beautiful drug, the drug of warm love and appreciation. The patient used this -- and to show how deep they felt about it they made every concentrated effort to get better, just to please the doctor! And should they die, they died with a great deal more pleasure.

"They didn't do things to frighten the doctor because they could not live. They left behind nothing but praise and appreciation for his efforts. Many, many of your great scientific men today will die without such appreciation. They will never get it. Because they lack that wonderful human warmth of friendship. They become robots."

She: "I think, though, we are beginning in some parts to realize this, Yada. In some of the cities they have discovered that they became a little too mechanical, and now they're trying to get people to work in the offices who have a little more human interest."

Yada: "I applaud that, greatly applaud that, that there is a realization of need for extending something more than drugs, to their patients."

#### THE POWER OF LOVE IS BEYOND WORDS

"The Power of Love is beyond words! Today, in your modern world -- you perhaps know of this -- some of you others too -- they have discovered that children left to lie with no warm love from someone, they tend to get sick quicker and to die quicker."

She: "There was a hospital for foundlings in Chicago. If any infant entered before the age of two, death was certain before the age of two; and there was no variation from that because the infants couldn't be touched. They didn't have enough people."

Yada: "Hmhmh. Well. So, our thoughts on this are brought out very clearly with what you have said."

Another She: "They made an experiment down in South America, where they took part of the babies and cuddled and loved them, and the others they didn't touch, and proved the ones that were loved grew strong. The others died."

Yada: "Yes, of course. Of course. Anything that has life in it, be indifferent to it, neglect it and it dies. It can do no other because Life is Love; and unless you give this, extend this to whatever has life in it, you are taking the life out of it. You are vampirising it with your indifference. (Pause for noise of landing jet plane overhead.)

"A man, he has accomplished becoming a father. Sometimes he is a father only mechanically, by his desire, not by his heart. There are many such fathers who are the direct cause of their offsprings becoming criminals, of them becoming ill and weak, of moving more and more to dissipation. Because what they are, what these children are seeking, is not dissipation, is love, is understanding. Nobody is born a criminal, although many come here with the memory patterns of a criminal life, which may cause them to repeat their crimes.

"But if such a one is born to a father or mother that takes the memory pattern of their early, earlier life, bad treatment, disregard -- feeds it love and watches the negative memories deteriorate and run away. Nobody is paying for anything. Karma does not mean you pay. We cant pay, if paying is what we must do. We cant. What we are seeking to do is to bring a better balance to our lives. Balance, put in to order that we once indifferently, unthinkingly threw out of order. That's not paying, is it? Surely not."

He: "That's redressing a right -- a wrong by a right, you might say - - "

Yada: "That is right."

He: " -- a wrong to yourself."

Yada: "That is right. Readjusting your thoughts, your feelings, your attitudes -- not to your environment, to yourself! Because no matter what your environment, if you are not in balance, your environment can capture you and make anything out of you, any kind of criminal."

#### THIS IS THE FOREVER-MOMENT

She: "I thought it was interesting the other night, Yada, when you were making the tape for Ann Shoemaker -- how you pointed out that you can -- a way in which you can say there really isn't anything called karma."

Yada: "That is right."

She: "You remember?"

Yada: "Yes."

She: "I thought that was wonderful."

Yada: "You know, first place, that if we realize it -- we who seek to know -- we realize it. There is only One Life. The life is today! Now. This is the forever-moment, and all we can do is act in those moments, or, that moment. That's all we can do.

"If we are not knowing. If we are mentally, emotionally lost. In short, if we are robots, we live the robot life blindly, and no matter what our intentions are we will do whatever we please to do and hope to get away with it. But we must bring life back in balance; that is all; if we want peace we must bring it back in balance.

"Remember the story I have spoken of, the dividing of the big worm into little ones. This is called world illusion that man suffers when he comes here. He getting to feel that 'I am guilty and must pay in the, in the kitchen for what I did in the living room -- but not 'til I get back there!

"Oh? You can do that if you wish but it's the hard way, the hard way to learn, the hard way to bring yourself back into balance with life. Now I get the returns from my causes; now there comes the effects. (Bang) I hit the table. The resulting noise comes from the hit on the table. How else can it be? We love ourself or we do not. And if we do not we will begin to postpone what we want to do or -- and also, to postpone what we call 'punishment' for it. You pay! Isn't that a short and hurtful sound? You'll pay."



Hardly ever is it, 'I'll pay.' 'You'll pay.' The paying is not what it is. It's balancing; that's what it is. That word is much more intelligent as to what happens, than paying.

### NO DEBT TO JESUS

"Your Christian Bible where it is said that your Lord and Master he, his death bought your life. What slave enjoys to be indebted to his master. The debt can never be paid. I owe no one, but every one I owe the gratitude of love, of appreciation, extending moments of walking or sitting with them, in pain or in joy, and share both.

"No one can come from this room tonight, follow you, who will be mated to you. They cannot do it, even though we of the Circle make no motion to stop it. By your kind of thinking you have already stopped it; of course you can change your thought at any time. That would cause your wall of protection to fall down. If you love yourself you will not do that.

"I am in the Light and of the Light. No negative thoughts or thoughts with intentions of being negative to me can break through that, that wonderful Light.

"Kethra, set un nan iya, e kay a set tu kwa tay ya. (Yada awaits a reply from his Teacher.) I think I leave you for a little while, please."

Group: "Thank you, Yada." (Tape takes up again after he returns.)

Yada: " - - you should decide to do but I want to get through early for your sakes. It's very warm in this room and also several of you have to get in the morning up early; so I think I should not keep you too long. I wish, however, in this little time that we have together left, would you please have questions to ask me?"

She: "Yes, Yada, this extreme heat that we've been having and the humidity that has been with it. We were talking about sun spots the other evening. Could this have something to do with this heat we're having, the duration of it?"

Yada: "Yes, of course, but again not entirely. You have several things to cause this (pause for whine of jet plane overhead) the shifting of hot and cold layers of atmosphere that moves across your earth. There is a considerable change in, in weather activities in different parts of the earth. Then in the more recent years your climate is warming up. I have mentioned this before, unh? Saying that the poles are getting much more potent energy that are penetrating to the lower levels of the ice fields at both poles, causing more rapid melting of the ices there, which will bring you in due course to severe floods. Also these energies from the sun are causing more rapid decay of chemicals in the under layers of the earth, that are causing wider chasms

to open, which will be the causes of earthquakes more severe than you have had in the past.

#### THE UNSTABLE EARTH OF CALIFORNIA

"Now in the past times I have spoken lightly of violent quakes that would send California -- a large portion of it -- into the sea; and I still maintain that while you may have, and undoubtedly will have, some very severe quakes here on your coast, none of them will be that severe.

"California, what you see of it now, has been as it is for a very great many thousands of years, with occasional small changes made by earthquakes and earth slides and water floodings and things of this nature. But you must remember that the earth, while appearing to be an extreme solid, is in fact a very porous sort of body, is built of layers upon layers; so there is no real solidity to it. These layers sometimes shift around, which then produces what you call a quaking.

"Then there is layers of atmosphere that shifts around. You know if you could see the atmosphere, the structure of it, it probably would amaze you, because it is much like that of a bubble. There are layers on layers of atmosphere, and these shift around in pretty much the same fashion as the layers of a soap bubble. Have you ever seen soap bubbles with the shifting layers? Very interesting, isn't it?"

She: "Remember the \_\_\_\_\_ you used to explain, that that's how it was?"

Yada: "Yes. Yes. That is a most useful tool of learning in many ways. It also speaks of life itself, consciousness, layers and layers of consciousness which men sometimes speak of as dimensions.

"You know, pretty soon I go and speak with Mark before a group of what is called the, the UFOs; and you know it has occurred to me that as long as these objects are referred to as UFOs, unidentified objects, they will never be identified. They are speaking truth when they call them that; and so long as they speak that way that is what will happen. They will remain that way."

She: "They should be called IFOs."

Yada: "Hah. Explain, please?"

She: "Identified Flying Objects."

Yada: "Oh, that's very good."

He: "That's very good."

Yada: "Hah, hah, well, that shows you for sure that I was not all here when she said that. You see you must keep consciousness on what you are doing. If you let just a little bit of it get away from you, you getting lost. You really not knowing what is said. No matter how often it is said it does not impress you; because you are not there to be impressed; and so I was caught in my own trap. I got a little away for a moment while you were saying that.

#### UFOS ARE NOT YOUR SAVIORS

"But this can only happen if you people here on earth stop playing with these things, stop making believe they are your saviors, stop giving them useless credit. They do not like it; so they will not do anything to come closer."

She: "What would be a more proper approach, Yada?"

Yada: "Simply to accept them. Your invitations are by your attitudes, your invitations of good will are by attitudes to them. They are not mysteries that need to be solved. They are beings from other states of consciousness, other dimensions of time; and they would be very interested in making some direct communications with some of your peoples, and eventually with all of the peoples that they can reach; but they fear two things. They fear your violent nature, and they fear your general attitudes of friendliness. Because they see through it. It is not friendly. It is 'something for me'.

"This means that almost every person that has any direct contact with these beings automatically tries to make himself the Vicar. The Flying Saucer people are not. The man he called Adamski tried that. He ended up with nothing. He proved nothing. And none of the others will either if their attitudes -- among themselves and among others -- do not change.

"They are afraid. Eh heh, I would be too. But with me, I have a very easy exit. I can run fast. (Chuckles from the group.)

"But you see there are many levels of consciousness which beings come from. You can call them planes if you wish -- which they move through these different planes to learn -- as you learn in your way -- to experiment, to record -- so that in the event your civilization falls -- like almost every civilization has, in due time -- they will have the recordings for those who come later.

"Much of the mystical teachings of life, much of the Inner Truths come from beings who are not of the earth, but who descended to earth, and didn't condescend. They came of their own accord, with willingness and love to bring man some brighter knowledge of his existence. From such knowledge and from such orders as Masonry, and of the stories of the Druids, and the stories of

the mystical schools with the Greeks, the ancient Egyptians. The story has become more clear in some writings called "Isis Unveiled". Then there is what is called the Upanishads, out of which there has come much understanding of our individual nature and what the struggle of life is about.

#### THE ENDLESS STREAM OF CREATION

"Nowhere in all of existence is there emptiness, is there where intelligence is not. The entire creation, and coming from the man creation -- that which is not yet come forth, is endless stream of intelligence, life, wisdom falling through the planes."

He: "Yada, would you mind? Two of these things that you have not mentioned that I believe are mystical teachings, would you mind commenting on them in passing if they are worth while? One of them is the Rosicrucians and the other is the B.O.T.A. that Mr. Reynolds has been studying."

Yada: "The B.O.T.A. (Builders of the Adytum) is a rather young order."

He: "Yes."

Yada: "This does not mean the wisdoms are any less. It just means the originators on the physical plane, the containers that brought this -- "

He: "Yes."

Yada: " -- are themselves young."

He: "They're adapted to the Western -- "

Yada: "Yes."

He: " -- predicament."

Yada: "Yes, yes, and these are the ones they must pass their wisdom to. Later this will spread to many parts of the world, but others only as is demanded. Nice lady is known all over the world. Not that it is accepted by everybody, and that has never been the desire anyway. It is accepted only by those who are capable of seeing the truth and that's all that was ever intended."

"When the Order known as the White Brotherhood, in its origin within other dimensions of time, sent beings to the earth to communicate with the earth, with a given number of beings -- not with the thought of being 'nose in the air' to the others, you understand?"

He: "Yes."

Yada: "But because they were not yet capable of gathering in, of reaping the proper rewards that such understanding brings. Now this information came first from the order of the White Brotherhood, as I said in other dimensions, brought down here and people chosen, those chosen only because they had the ability to comprehend what was being taught to them; and then they, these, this group became known as missionary, through missionary(?)"

"Now, for a long period of time some of these teachings had to be passed only by word of mouth. Out of this necessity numbers developed a way of greetings that a brother would know a brother of the order. This also came from the need to protect themselves from the outer antagonistic forces of life.

#### THE ORDER OF THE ROSY CROSS

"Now we come to numerous other bodies that have come since to your world. Their original teachings also were passed from the White Brotherhood, given in somewhat different manner so that those they came to could create a center under a different name, like the Order of the Rosy Cross.

"There was a very bad break in the group that were chosen in the 12th Century to carry the teachings of Mastery and the White Brotherhood. This break came when a few of the members, learning the art of man's natural capabilities and what is called magic, they broke away from the main group. These were originally called Catholics. Catholic means universal; and as such they had all the knowledge, all the inner teachings; but a certain number of the members decided they liked magic better than truth. They felt they could gain more power with it. So they used it and spread it in demonstrating it to the ignorant, to the unlettered. This brought many tragic situations and conditions. Some of them eventually brought great wars between nations.

"Instead of spreading love and the Light of understanding they spread hatred. This is the dark side of life, the negative side; and to practice it means that you are practicing Black Magic.

"Strange, isn't it, that with all knowledge one may have of the Light, of their tremendous position in the universe, with yet becoming suddenly blinded by their ego and turn to hunger for power. This has not only brought small groups to ruin, it brought nations to ruin; and yet it goes on. The world is too gross.

"The White Brotherhood, it knew what would happen. The -- what you call -- the percentages of a peoples that would try to destroy the teachings by the misuse of it, they knew that was part of the -- uh -- the game, the wonderful game of life. It was expected; and if it hadn't happened, I am certain the members of the original Brotherhood and the other planes of consciousness,

would have automatically known that something was drastically wrong. You cannot have a positive without having a negative negative. That is the way life is; but if you work to enlighten yourself, and to keep your own council -- as the members are warned in                      -- do not go spreading your wisdom to just everybody, anybody. You know if you do this your seeds will fall on fallow ground. You know it!

#### EVERYTHING FINDS ITS CENTER, IN TIME

"So it is to not have things to completely bad, Nature set up a system whereby nothing is lost forever. Everything will find itself. Everything in course of time will find its center. You find in almost all Orders, inner teachings or outer teachings tend to, after a time, to divide, and divide. This is following the, the early pattern of existence.

"Look -- if you want to know Truth -- look for the Law and follow that, the law that controls that thing or this thing. There is a law. Look for it. Do not take somebody's word. Do you know? That's what's important.

"The world is rapidly moving into increases in consciousness. It's on the road. It's on the path. Already you have taken great steps in mental, spiritual growth. Eventually the matter world is going to be left behind. Man is going to seek his home on other planets and then will come another vast period of time where he will                      go home, returning to himself. Before this he will find himself living in space, moving at the speed of light. Calling to himself telepathically across vast Light Years of space.

"This will give impression of space itself shrinking, even as speed across your world does cause it to shrink. I see a great heritage for man, can he but survive the illnesses of his childhood; and I think he will. In fact I know.

"It has been my pleasure to talk with you."

Group: "Thank you, Yada."

Yada: "Ee gratia, sayta kwata."

He: "And our love to the members of the Inner Circle, Yada."

Yada: "Ee gratia. We have great appreciation for you also. Thank you."

\* \* \*

It's a great comfort to have this prophecy of great things to come, in 1967, in spite of the chaos and disruptions of the times, and the threat of atomic warfare. This is more optimistic than the Yada's statements of the future made in the early 1950s.

Then it seemed the world was hell bent for World War III, but the heartfelt prayers of millions of men and women of good will the world over, rising daily, have turned the tide of evil that threatened to engulf us. Now there is hope that an all-out atomic war can be avoided, and conflicts can be confined to their local areas to burn themselves out.

Those of you with long memories, and the promise in Closed Class No. 7 of the appearance of Irene Probert in Class 8, have been disappointed. Mark's deceased wife did not come and talk through her husband -- at least not on the tape we have; nor is there any indication that her appearance was edited out, if it did happen. This is not unusual in psychic research, and this unpredictability of psychic phenomena is the thing that turns orthodox science away from this fascinating field of research. Perhaps Irene indulged the woman's prerogative and changed her mind about keeping the date -- if she actually consented in the first place!

#### OBSESSION BY ASTRAL ENTITIES

The Yada opened Closed Class 8 with a discussion of the dangers of undesirable contacts with ignorant or vicious entities at seances, and the continued surveillance of members of the Inner Circle to make sure such attachments did not happen to individuals in the Closed Class. Following is some additional material about these "Invisible Enemies" by Judge David Patterson Hatch, writing through his medium, Elsa Barker, in April 1915. You should find his observations interesting and informative.

"You may have wondered why the elemental beings that, as I have told you, precipitated the great war, were so malicious at this time, why they hurled themselves upon mankind with such overwhelming force. There is no reason why you should not know something of these causes, having seen so much of their effects.

"The saying that man has made more material progress in the last hundred years than in the preceding two thousand, has become a mere newspaper commonplace. It is because he has not made a corresponding moral progress that the evil elemental beings, who fear for their rule in their own kingdom, could come so near to succeeding in their attacks upon the human race.

"It is not merely in material ways that man has progressed with such amazing rapidity; for some of his inventions and discoveries touch the invisible regions. The doors of man's mind are opening on the untracked spaces of aether in which these beings live. Man is chaining the elements, and to chain the elements may be to chain the elementals. One man in America has come so near to a great and dangerous secret that his eyes have had to be veiled by those who fear for man's too rapid progress.

"Occult societies dot the world. In other days these socie-

ties were really secret, and no one had access to their knowledge until after tests were passed which proved fitness for further study and further secrets. But the doors of the unseen have been besieged by an army of intellectual enthusiasts who have not passed those tests. Curiosity demands to know that which only the nobility of the spirit was once trusted with. Democracy has spread even into the occult orders, and sacred mysteries have been published broadcast by those who put no curb upon their personal ambitions. The hosts of the unseen world have themselves suffered invasion.

#### WHO IS BOSS?

"Now the hosts of the unseen will obey a great soul that they know to be more powerful than themselves. They run like docile children at his call, and they go at his command as a dog goes. But the unseen hosts are very jealous of their freedom, and they will yield it only to one whose superiority is manifest to them. Many -- yes most -- of those who are now seeking to open the doors of that region are unfit to command there; because he only can command the unseen forces outside who can command the unseen forces inside himself.

"In a former letter I spoke of the danger of black magic in America; but the danger is everywhere. And what is black magic? It may be briefly defined as a use for selfish purposes of those very forces of the unseen world. Not until a man has advanced beyond himself will the invisible forces serve him long without rebellion.

"Pick up a common newspaper and you will see the advertisements of men and women who promise for a fee to bring about results which can only be brought about by using those invisibles. What blasphemy! What presumption! If these advertisers could make good their claims, they would be more dangerous than typhoid fever. Such advertisements arouse all the curiosity and ambition and fiery selfishness latent in the heart of the ignorant. These untrained dabblers in the Mysteries attempt to do things which an Adept would never dream of doing, for most of their efforts have for purpose some attack on the free will of others; they seek to influence the desires and the judgment of others in the narrow and personal interest of those who pay them to set the forces in operation.

"Would you set a child loose in a gunpowder factory with a box of matches in his hand? That is what has been done in the last few years all over the western world. No wonder the invisible beings have rebelled. They will follow a Master, but they resent the interference of a fool.

"It is not the fools they fear, however. The men they fear are the great scientists. Man's progress in science has been such that he must purify his motives or he will be destroyed. (Apparently Judge Hatch was aware of atomic research and its dreadful



consequences, thirty years before the first experimental bomb was exploded in New Mexico in 1945.)

### WE MUST PRACTICE BROTHERHOOD

"That is one reason why I am preaching brotherhood, in an attempt to save men from their own folly. Once let the feeling for brotherhood become general, and these experiments with unknown forces would be less dangerous. Mankind as a mass might work with the power of a White Master, whose motives are always unselfish.

"The great scientists come nearer than anybody else to that pure working with mind for mind's own sake, which I recently described in writing of a great being, a great Initiator, who serves the world by influencing along the line of evolutionary law the thoughts of certain men who are the chosen instruments of evolution.

"How little men know of the unseen world surrounding them!

"I recently followed you into a lecture room in New York that was even more crowded with invisible beings than with men and women. Your restlessness there had cause, as you well knew. The purpose of that meeting was to form a nucleus of a society of curiosity-seekers for investigating the unseen, for necromancy and ceremonial magic. Madness of madness!

"I heard one man express the determination that the proposed society should not, like the Society for Psychical Research, close its doors to the outside world; but that the society should invite all who were interested in the investigation of the unseen, including the newspaper reporters. A press agent for the occult!

"Let me describe a few of the auditors who were invisible to any in the room except one person:

"A long lean hungry being with the face of a gargoyle and the stomach of an unfed leech yearned over the gathering. He was most affectionate in his interest in one of the speakers.

"Another, bloated and lethargic, had already fed himself since entering the room.

"Another, frightened and tortured, was seeking an exit; but could not get outside the desire-aura of one of the participants in that orgy of curiosity.

"Another, powerful and malignant, moved from place to place, selecting his future victims. He will be present at the meetings of the society. He will try to keep it alive, for he knows of a fascinating possibility which I shall not record here. Why do you go to such places?"

("The War Letters From The Living Dead Man" by Elsa Barker, published by Mitchell Kennerley, New York, 1915)

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